



# TOR DES GEANTS

Endurance trail della Valle d'Aosta

330km - 24000m D+ - 150h

**TOR des GEANTS® 2014**

**7-14 September 2014**

**An extraordinary challenge in the heart of the 4 giants of the Alps!  
One of the highest peaks of ENDURANCE – TRAIL in the WORLD**

**330 km and 24,000 meters of elevation gain  
Through the High Routes of Valle d'Aosta**

**HERE ARE OUR FIGURES  
THE TOR DES GEANTS® ID CARD**

**330 km** (200 miles)  
**24,000 m** elevation gain  
**150 h total** (7 days, 6 nights and 6 hours)  
**70 h 04 minutes** record time (Iker Karrera - 2013)  
Over **600** entry spots available  
**7** life bases  
**43** refreshment points  
**33** towns crossed  
**25** passes at an altitude of over 2000 meters of  
**14** alpine huts  
**30** alpine lakes  
**1** national park  
**1** regional park

**7 sections, 7 life bases:**

**Section 1** | *Courmayeur – Valgrisenche : at the foot of Mont Blanc*  
**48.606 km : 3,750 m D + ; 3,295 m D -**

**Section 2** | *Valgrisenche – Cogne : in the heart of Gran Paradiso*  
**53.535 km : 4,137 m D + ; 4,268 m D -**

**Section 3** | *Cogne – Donnas : around the Gran Paradiso and Mont Avic parks*  
**46.595 km : 1,383 m D + ; 2,600 m D -**

**Section 4** | *Donnas – Gressoney-Saint-Jean : in the "Walser" culture area*  
**51.543 km : 4,584 m D + ; 3,585 m D -**

**Section 5** | *Gressoney-Saint-Jean – Valtournenche : from Monte Rosa to the Matterhorn*  
**36.018 km : 2,749 m D + ; 2,676 m D -**

**Section 6** | *Valtournenche – Ollomont : a valley to discover*  
**44.161 km : 3,404 m D + ; 3,534 m D -**

**Section 7** | Ollomont – Courmayeur : amid Switzerland, France and Italy

**49.081 km : 2,905 m D + ; 3,104 m D -**

	Editions			
	2010	2011	2012	2013
<b>Participants at the start</b>	<b>353</b>	<b>473</b>	<b>629</b>	<b>742</b>
<b>Participating nations</b>	<b>16</b>	<b>23</b>	<b>26</b>	<b>42</b> <i>(12 for the first time)</i>
<b>Finishers</b>	<b>179 (58%)</b> <i>164 men 15 women</i>	<b>300 (63%)</b> <i>266 men 34 women</i>	<b>392 (62%)</b> <i>358 men 34 women</i>	<b>383 (48%)</b> <i>345 men 38 women</i>
<b>Winner for Men</b>	Ulrich <b>Gross</b>	Jules Henri <b>Gabioud</b>	Oscar <b>Perez Lopez</b>	Iker <b>Karrera</b>
<b>Winner for Women</b>	Anne-Marie <b>Gross</b>	Anne-Marie <b>Gross</b>	Francesca <b>Canepa</b>	Francesca <b>Canepa</b>
Visibility				
<b>Website visits</b>		<b>160,000</b> <i>(during the race)</i>	<b>350,000</b> <i>(during the race)</i>	<b>460,000</b> <i>(during the race)</i>
<b>FACEBOOK</b> "Likes" Official Fan Page		<b>2,894</b> <i>(as of 19 September 2011)</i>	<b>4,900</b> <i>(as of 17 September 2012)</i>	<b>14067</b> <i>(as of 19 September 2013)</i>
<b>TWITTER</b> Followers		<b>337</b>	<b>1,192</b>	<b>3,469</b>
<b>YOUTUBE</b> Views		<b>16,737</b>	<b>49,799</b>	<b>143,595</b>

#### TOR DES GEANTS® ORGANIZATION

VDA Trailers ssdrl - Courmayeur (AO) Italy

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