

		D1 TOR450 START	D2	D3 TOR330 START	D4	D5 TOR130 START	D6	D7	D8	D9 TOR30 START
	Sett./sept/sept. 2021	10	11	12.0	13	14	15	16	17	18

TOR130 - Tot Dret

Gressoney St. Jean - September 14-16, 2021

(ref. gpx TOR130.2021)

Location	POI typology	Altitude	Km	Distance between waypoints	Distance between aid stations (Km)	D+ cumul. (m)	D+ (m)	D- (m)	Fastest passage	Flowest passage	Cut off time
Gressoney-Saint-Jean	START	1,329	-	-	-	-	-	-	D5 21:00		
Rif. Alpenzu	R	1,788	3.6	3.6	3.6	526	526	155			
Col Pinter	W	2,776	8.2	4.6		1594	1068	43			
Cuneaz	W	2,095	11.8	3.6		1660	66	798			
Champoluc	R+A	1,556	15.7	3.9	12.1	1719	59	541	D5 23:15	D6 02:30	
Saint-Jacques (Ayas)	W	1,700	18.8	3.1		1970	251	111			
Rif. Grand Tournalin	R	2,535	24	5.2	8.3	2872	902	54			
Col di Nana	W	2,770	25.6	1.6		3148	276	48			
Col des Fontaines	W	2,695	27	1.4		3197	49	145			
Cheneil	W	2,116	30	3.0		3206	9	571			
Cretaz (Valtournenche)	R	1,526	33.1	3.1	9.1	3247	41	653	D6 1:50	D6 08:00	D6 08:00
Rif. Barmasse	R	2,175	37.7	4.6	4.6	4090	843	188			
Fenetre d'Ersa	W	2,293	41.6	3.9		4493	403	280			
Gordza	R	1,954	48.9	7.3	11.2	4658	165	489			
Col Fenetre	W	2175	50.2	1.3		4866	208	9			
Rif. Lo Magià	R	2,007	55.8	5.6	6.9	5100	234	411			
Rif. Cuney	R+A	2,656	58.9	3.1	3.1	5762	662	5	D6 06:00	D6 15:00	
Col Chaleby	W	2,693	61.3	2.4		5961	199	179			
Biv. R. Clermont	R	2,705	63.6	2.3	4.7	6242	281	245			
Col Vessona	W	2,788	64.1	0.5		6333	91	28			
Oyace	Base vita	1,360	74.3	10.2	10.7	6598	265	1,698	D6 8:15	D6 19:30	D6 19:30
Bruson l'Arp	R	2,091	79.4	5.1	 	7617	1019	191			
Col Bruson	A	2,508	81.1	1.7	 	8027	410	62			
Berio Damon	R	1,942	83.7	2.6	 	8089	62	628			
Rey (Ollomont)	R	1,396	87.7	4.0	13.4	8162	73	636	D6 10:45	D7 00:00	D7 00:00
Rif. Champillon	R	2,433	92.7	5.0	5	9241	1079	34			
Col Champillon	W	2,707	93.9	1.2		9528	287	5			
Ponteille Desot	R	1,830	98.1	4.2	4.2	9605	77	980			
Saint-Rhemy	W	1,611	108	9.9		10151	546	738			
Bosses	R+A	1,525	109.8	1.8	11.7	10210	59	153	D6 14:35	D7 7:00	D7 7:00
Merdeux	W	2,250	117.4	7.6		11140	930	175			
Rif. Frassati	R	2,537	118.9	1.5	9.1	11422	282	20	D6 16:30	D7 10:00	
Col Malatra	A	2,936	121	2.1	2.1	11853	431	43			
Pas Entre Deux Sauts	R+A	2,524	124.8	3.8	3.8	12046	193	595			
Arminaz	W	2,009	128.4	3.6		12049	3	526			
Leuchey	W	1,902	131.8	3.4		12234	185	243			
Mont de la Saxe	R	1,975	133.7	1.9	8.9	12388	154	74	D6 19:23	D7 15:30	
Courmayeur (FINISH)	A+R	1,224	138.5	4.8	4.8	12439	51	857	D6 20:01	D7 17:00	D7 17:00

*POI Typology A = Aid station
R = Refreshment point
W = Simple waypoint
Base vita = all services are available